

Encouraging people to be more active

Examples of County Carlow Sports Partnership Programmes:

CCSP runs the following programmes in partnership with local agencies and groups to increase participation in sport:

· **Buntus Start:** A physical activity programme for children in pre-school settings involving training for pre-school leaders and the allocation of child-friendly play equipment bags and resource cards.

· **Buntus:** A primary school sports initiative to support teachers in the delivery of the PE curriculum. Each participating school receives two bags of multisport equipment and a games workshop.

· **Go for Life:** Go for Life is the national programme for sport and physical activity for older people. The aim of Go for Life is to involve older adults in all aspects of sport and physical activity more often and involves the training of Physical Activity Leaders (PALs) enabling them to lead older adult groups in physical activity.

· **Women in Sport:** The Women in Sport Programme is coordinated by the Irish Sports Council to promote greater participation by women and girls in sport and physical activity. CCSP is working in partnership with a number of clubs and groups to encourage girls and women to participate in sport e.g. School Completion Programme, Youth Services, County Carlow Womens Network etc.

· **Disability Sport:** CCSP works with Carlow Access Movement, Carlow Down Syndrome Support Group and Carlow Special Olympics to provide opportunities for people with a disability to take part in sport. A Sports Inclusion Development Officer will be appointed early in 2008 to continue and expand this work.

· **Club Development:** Provides training and support to volunteers, coaches and clubs to promote quality sporting experiences and the long term development of clubs, coaches, officials and volunteers.

· **Active Leadership Award:** This workshop is designed to provide trained, knowledgeable and enthusiastic community based physical activity leaders.

'If you are looking for inspiration or advice on how you can get more active, or you would like to start up an new sports club or fitness group, contact us for information and advice.'

CCSP also supports the following agencies to run physical activity programmes:

- School Completion Programme
- Carlow Regional Youth Services
- St. Catherines Community Centre
- Carlow Access Movement
- Carlow Special Olympics
- Carlow Down Syndrome Support Group and
- CANDO Community Partnership ... etc.



Carlow County
Development
Board

THE
IRISH SPORTS
COUNCIL



AN CHOMHAIRLE SPÓIRT

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Increasing Participation In Sport

Background:

County Carlow Sports Partnership, officially established by the Irish Sports Council in Oct 2006, is staffed by Martha-Jane Duggan, Co-ordinator, and Sandra Corrigan, Administrator. CCSP is part of a national network of Local Sports Partnerships, there are currently 19 and eventually there will be one in every County. The staff work to an inter-agency advisory group, which is a sub-committee of Carlow County Development Board. The objective of the Sports Partnership is to increase participation in sport and maximize the use of local resources. The Sports Partnership brings together all the stakeholders in local sport (clubs, coaches, participants, volunteers, agencies, and community groups) to discuss needs identified by the local community and implement programmes and initiatives to address those needs.

Rationale

CCSP has representatives from various agencies, sports groups and communities on the Board of Management in order to maximize resource efficiency, ensure sustainability, increase shared learning and avoid the duplication of effort. CCSP is committed to collaborating with local agencies in order to achieve a more integrated approach to sports development bringing together expertise, resources and energies.

Functions:

The 3 main functions of the Local Sports Partnerships are:

1. Information: estb consultative fora, undertake research, identify local needs.
2. Education: provide quality opportunities for education and access to sports specific courses through the National Governing Bodies of Sport
3. Implementation: Preparation of a strategy; establish administrative structures; deliver programmes; market and promote sport.

Anticipated Outcomes:

Increased levels of local participation, especially amongst specific target groups such as older people, women, people with disabilities, unemployed people, and those who live in identified disadvantaged communities.

- Club development
- Volunteer training
- Local directories and databases of sports bodies, facilities, coaches etc.
- Enhanced local coach deployment
- Better use of existing facilities
- Clear priorities for local facility provision and improvement
- School/club/community and possibly school-NGB links

‘The National Rollout of the Local Sports Partnership Initiative lies at the centre of the Irish Sports Council’s participation strategy’ Irish Sports Council Strategy 2006 – 2008

....Maximising the use of local resources

Tables to show the context of the Sports Partnership within the national structure.

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| Department Arts Sports & Tourism | |
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| Irish Sports Council | |
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| County Carlow Sports Partnership (Sub committee of the County Development Board) | |
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| County Carlow Sports Partnership Board | |
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- Sports & Community 8
- Education & Youth 2
- Agencies & Organisations 7

(Agencies: Local Authority, VEC, CANDO Community Partnership, Leader, HSE & IT Carlow.)

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| Executive Committee | |
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| Partnership Co-ordinator | |
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| Administrator | |
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| Sports Inclusion Development Officer | |
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‘Our job is to ensure that every person has the opportunity to enjoy the simple pleasures of playing, participating and competing in the sports of their choice and at a level appropriate to their ability.’

Ossie Kilkenny, Chairman Irish Sports Council.

‘The Irish Sports Council has seen that the Sports Partnerships are an excellent mechanism for delivering recreational sport to local people.’

(John Treacy, CEO Irish Sports Council.)

Courses & Workshops:

County Carlow Sports Partnership focuses on the development of sports clubs and volunteers through education and training. The following is a taster of the type education and training we offer clubs and volunteers, heavily subsidised by the Sports Partnership. Please contact us if you would like more information.

- Funding
- Child Protection Basic Awareness
- Childrens Officer Training
- Swim Teacher Training.
- Committee Skills
- Speed Agility and Quickness (SAQ)
- First Aid
- Active Leadership

‘Clubs, Coaches, Officials and Volunteers contact the Sports Partnership Office to find out how we can support you!’

